

# WEAR RED

## For Heart Health!

### 5th Annual Luncheon/Presentation

F O R W O M E N & M E N



DATE: Thursday, February 25<sup>th</sup>, 2010

Location: ANTHONY J. CELEBREZZE FEDERAL BUILDING – 31<sup>ST</sup> FLOOR

Time: 11:30 a.m. to 1:30 p.m.

**Fun!**

Catered Lunch with \$6.50 Registration Fee:  
Marinated Baked Chicken, Penne Pasta, Mixed Vegetables, Salad  
(optional vegetarian selection by request):

“Matters Of The Heart” Presenters:

Linda Schmaltz, RN, COHN, Federal Occupational Health  
Frankie Denmeade, Certified Personal Trainer  
Donna Coles, LPCC, EAP Counselor

**Delicious Food!**

SPONSORS: Federal Occupational Health,  
Defense Finance & Accounting Service – Cleveland Center  
Cleveland Federal Executive Board

**Door Prizes!**

**Fellowship!**

RSVP BY February 19<sup>th</sup> with \$6.50 in an envelope stating your-  
name, agency, phone number, e-mail and mark “vegetarian” (if requesting this) and  
drop it in the “WEAR RED” Mailbox in the FOH Clinic (Room 2693)

Questions? [Linda.Schmaltz@foh.hhs.gov](mailto:Linda.Schmaltz@foh.hhs.gov) (216-522-4440) or [Phyllis.Hill@dfas.mil](mailto:Phyllis.Hill@dfas.mil) (216-204-4661)

**WEAR RED to show your support for heart disease awareness!!!**